

The Sound of My Day - Grades 3 & Up

How It Works: Think about and use the sounds of daily life and try to identify as many as possible. Try to keep a count of the different sounds.

Together with your student, you could explore the sounds heard on different journeys. For example:

- What does the walk to the park sound like – what may we hear on the way?
- A journey around a supermarket will involve a range of different sounds. How many can you name?
- A journey to school, whether by foot, by bus or in a car will also involve a range of sounds.

Listen for sounds on journeys with your student and think about how these sounds could be recreated at home.

You could make a piece of music together that represents different types of journeys that you make.

Are there any surprises on your journey and what might they sound like?

Encourage your student to draw a journey and then play this journey by using body percussion, vocals and improvised sound makers in the home. (homemade shakers, pots and pans, etc)

