



Dancing Around the World – All Grades

Needed Materials - scarves, hula hoops, & music

Instructions- Lay the hula hoops on the floor in a circle. Each student should have their own hula hoop to stand in. Turn on a fun and upbeat music from different places in the world and the students dance in their hula hoop.

During the song, the teacher can instruct the students to change hula hoops going in a clockwise or counter clockwise direction as the music changes from the verse to chorus, and chorus to verse. Add scarves, hand instruments, and ribbons.

Here are some fun genres of music from all over the world:

KPop
Bollywood
Reggae
Salsa
Afrobeat
Arabic pop music
Merengue
Zouk
Samba
Indie folk
Country
Jazz funk/jazz fusion
Hip-hop