**Finding rhythm with syllables**

Rhythm is found everywhere a good way to teacher rhythm it’s to use simple words we use every day. By breaking them down into syllables we can find the rhythm. A good way to start is to use the words Tea and coffee

**What you will need to know**

Start by establishing a steady beat with the students by counting to 4. Then let the students know each number 1-2-3-4 equals a quarter note. then create a new faster steady beat by counting to 8. Then let this didn’t snow each number 1-2-3-4-5-6-7-8 equals a eighth note explaining that eighth notes are faster than quarter notes.

**Rules of the game**

You will need to Split the class into two groups, one for Tea and one for Coff-ee. Tea takes the duration of a quarter note while Coff-ee represents two eighth notes. Encourage the groups to say their notes out loud together while listening to how the notes blend together. You can also have them use parts of their bodies such as clapping or stomping to make the rhythm of tea and coffee. If you have musical instruments in the classroom you can use those as a tool to teach tea and coffee rhythms.

As the students start to understand theses concepts you can introduce new drinks such as Coca-Cola, which has the same rhythm as Coff-ee Coff-ee, or Cream Soda with the rhythm of Tea Coff-ee.

**Musical chairs with art**

This is a fun drawing game involving music and coloring.

**Supplies needed**

Paper or anything you would like the kids to draw on.

Coloring utensils such as colored pencils markers or even paint

**Instructions**

This games gives a chance for students to express themselves in a new and exciting way. Provide each student with a sheet of paper and whatever coloring utensils you have available. Tell your students to begin drawing when the music plays and stop drawing when the music stops. Then each student leaves their desk, moves to another desk and draws on that sheet until the music stops again. Continue until you think each student has had an opportunity to draw on their classmates’ paper. Then have all the students return to their own desk and see what the picture looks like. This game helps students collaborate with each other to make some thing fun and beautiful.