



BALLOON TENNIS & DANCE – GRADES 3-5

Needed Materials: Colored tape, Paper plates, popsicle sticks, and balloons

Instructions: Before the game starts you'll have to prep your materials.

Make at least 4-8 tennis racks of paper plates (or you can have this as an art activity for your students and allow them to make their own tennis racks. They can color and decorate it how they want to).

Find space in the classroom that will allow 10 feet of tape to stretch - this will act as the divider between the opponents. On both ends of this tape, place 5 feet of tape which will be the side borders. Once everything is prepped then the students can begin. You can go according to traditional tennis rules or make it simple and if one opponent strikes the balloon and the other misses the balloon, that opponent who strikes the balloon gets a point.

Whoever can make 5 points first wins and will compete with the next student. You can also have more than one game going at once to ensure everyone gets a turn (if you choose this option and you're doing it in a classroom, you may have to shorten the length of your tape to make sure the teams have enough space).