



Balloon Game - Grades K-12

Supplies Needed

Balloons

You will need to create a playlist with a couple of songs on it

· Instructions

This game is similar to freeze dance but it adds a fun element of balloons. This game is a great way to introduce your students to movement when it applies to music. You will want to start by asking the children to grab a balloon and bounce it in the air to the music, but when the music stops you have to freeze. After the students understand the rules, you can start the game!