

SIMON SAYS - GRADES PRE-K-5

Needed Materials: None

Instructions: This game will follow the traditional rules of Simon Says except the students can only name dance moves. To make sure the students know how to do the dance moves, make sure to review the dance list before starting the game. Students are also welcome to add appropriate current dance moves to the dance list.

Reminder of Simon Says rules: One person is chosen to be Simon. Simon gives the commands. Students must only obey the commands that start with “Simon says”. If they follow a command that doesn't begin with “Simon says” they're out.

Dance Moves List

Clap your hands
Stomp your feet
Clap your hands & stomp your feet
Wave your arms over your head
Do the wave
Slide to the Left or Right
Lift your knees
Tap your toes
Walk on your tippy toes
Roll your fists
Step and kick your leg (right & left)
Sway your arms side to side
Jump
Squat
Twirl
Reach in front of you
Bend over & touch your toes
Bend side to side

