


# Body Movement Pattern – Grades Pre-K-3


For this activity, you're going to create your own movement pattern using color codes. You'll need to choose 2 to 4 different colors and each color will have its one body movement assigned to it. Then put the color code in whatever order you decided and try the movements to the colors in order. You can mix up the code for variety and fun.

## 1. Example of color code

a.  = Clap

b.  = Stomp

c.  = Jump

d.  = Twirl