



# COURAGE

SING A NEW SONG. THIS IS SOMETHING YOU CAN DO WITH YOUR FRIENDS. IT WORKS LIKE THIS: SET UP A PARTY WITH SOME FRIENDS AND/OR FAMILY. THE ONLY RULE IS THIS: YOU CAN SING ANY SONG YOU WANT AS LONG AS IT'S A SONG YOU'VE NEVER SUNG BEFORE. THAT'S RIGHT, YOU'LL BE SINGING A BRAND NEW SONG. THAT DOESN'T MEAN A SONG YOU DON'T KNOW; IT JUST MEANS A SONG YOU'VE NEVER SUNG IN FRONT OF OTHER PEOPLE. IT TAKES A LOT OF COURAGE AND CONFIDENCE TO DO THIS, BUT IF YOU ASK YOUR FRIENDS & FAMILY TO SUPPORT AND CHEER YOU ON IT WILL BE EASIER AND MORE FUN THAN YOU MIGHT THINK.

