

Creating Dance with Color Sheets – All Grades

Needed Material:

A pack of multicolored construction paper

Instructions:

For this activity, teacher and students can participate in creating choreography/routines using multi-colored construction paper. Choose however many color sheets you want, then pick a movement to go with each color. Place the sheets on the floor or on the wall in any order/pattern you choose and the students will do the movements that each color represents in that order.

Allow students to try mixing the patterns to explore creativity and fun. It is interesting to see what the students come up with and how well they can mix movement together.