

# Inside Out – Grades 2-4

Look into the digestive system as you imagine what happens to your favorite foods after you eat them.

## Directions:

Invite students to study X-ray paintings by Australian aboriginal peoples in "Native Arts of North America, Africa, and the South Pacific" or other resources. Then imagine what the insides of bodies are like after a favorite meal: appetizer, salad, main course, side dishes, dessert, and a drink. Allow time for a student discussion. Then students will create a visual.

With bright colors of Crayola® Crayons, draw a large body outline. Use a white crayon to fill the interior with outlines of favorite food shapes. Complete the drawing with crayon, adding details such as facial features and clothing. Color all the lines heavily.

Students cover their work areas with recycled newspaper. With Crayola Watercolors, cover the entire drawing. The waxy crayon will "pop" through the painted surface, and the white crayon produces an X-ray effect. Dry.

To add a sparkling touch, outline the food with Crayola Washable Glitter Glue. Dry.

In small groups, students discuss their artwork and what is going on inside of their bodies when they eat.



## SUPPLIES NEEDED:

Brushes

Crayons

Cup or Bottle Paper Towels

Recycled Material

Washable Glitter Glue Washable

Watercolors