



# Dancing Sensations - All Ages; Students with limited mobility

**Needed Materials:** Sensory items such as scarves, feathers, textured balls, maracas, bells, yarn balls, and/or any item that your student or child enjoys. Try to gather at least 5 items.

**Instructions:** Get a box of different items such as scarves, feathers, textured balls, maracas, bells, etc. and allow the students to feel the items while listening to fun music. You can even change the items to the songs chorus, verse, or change the items for every song. Move the items gently along their skin to the beat of the music. You can tap the items on their fingers, hands, arms, legs, feet, and/or toes.

*Let's  
Dance!*