



Make Your Own Dessert!



Supplies: A piece of white paper, pencil, crayons, markers or colored pencils, a paper plate or something about 7" round to trace.

- 1- Use a paper plate or trace something about 6-7" round onto a piece of white paper.
- 2- Think about your favorite sweets, candy, cake, ice cream, etc.
- 3- Create your very own idea of a fantastic sweet dessert.
- 4- Tell someone about your choices.
- 5- Answer these questions about your dessert-

How many colors are in your Dessert?

Does it look delicious?

Does it look like a pile of mud?

Lots of Chocolate?

Is there any fruit in your dessert?

Did you use any special spices?

Could you eat this dessert every day?

What would happen if you ate too much of it?

Did this make you very hungry for something sweet?

Guess how many calories you think your dessert might be?

Was this fun?

Now, go raid the refrigerator and make a real dessert! MMMmmm!!

