

# Dancing Dice – Pre-K & Elementary School

THINGS YOU’LL NEED: Giant dice and music

Instructions: (If you are using dice)

Give numbers 1-5 a dance move and number 6 will be labeled Freestyle.

1. Jump
2. Twist
3. Stomp
4. Clap
5. Wiggle
6. Freestyle

Turn on some upbeat music (genre: pop or kidz bop for trendy hip hop songs). Spread the students around in a circle or sporadically throughout the room and each student will roll the dice. Whichever number the dice lands on, will be the movement one student will do OR what they all can do together. If the students would prefer to do a solo, cheer them on and let them do the move for 30 seconds to 1 minute (or for however long they feel comfortable) and have the student pick the next student to roll the dice.

You can keep playing this game until everyone has had a turn and/or all the movements have been done.

Note: once all students has had a turn and all the moves have been done, new movements can replace the first moves.

