

Push Play

INSTRUCTIONS:

Make signs based on the buttons on a remote control. Play, rewind, pause, fast forward, stop, & slow motion.

Spread the players out standing 6 feet away from each other.

The leader will call out the controls and hold the sign up. The students will have to do the movement that corresponds with the sign.

Each control has a related activity that players have to perform.

Play – walk around

Rewind – walk backwards

Pause – jump

Fast Forward – run

Stop – freeze

Slow-motion – slow movement

Whichever student doesn't do the correct movement based on the remote control buttons has to sit out. The last student standing wins.

