

A background image of a musical score with several staves of music, including notes, rests, and clefs, arranged diagonally from the top left to the bottom right. The score is in black ink on a light-colored paper.

# *Musical Statues*

**Musical Statues is great for developing control of the body while "freezing" in place.**

**What You'll Need:**

- Access to YouTube, Spotify, Apple Music, etc., or you can use songs you already have in your own collection.

**How It Works:**

- Play music on a cd player or cell phone.
- While the music is playing everyone dances around the room.
- Stop the music every now and then.
- When the music stops, everyone must freeze in the exact position they were dancing in when the music stopped.
- If you move, you are "out". See how many times they can freeze without moving and maybe even award points for each freeze.
- \*For young children, it is lots of fun to just keep freezing without anyone going "out" or awarding points.